

THE 1987 - 2019 NEWZ

December 2019 Newz Edition

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A Message from the President

GENERAL MEETINGS

At our November General Meeting, the very entertaining Mary Flynn shared her stories "Confessions of a Hallmark Greeting Card Writer." Many things have changed over the decades in the spirit of correctness! This month we are looking forward to melodic holiday entertainment from the Central Florida Community Choir. Our **Secret Santa** program will continue in December. I am pleased to say that **ALL** of the ornaments were picked up by members, which will make a record contribution to these children!! And, please remember that you can bring a special woman in your life to the luncheon to help us celebrate the holidays. Make your luncheon reservations **NOW!**

FROM THE HEART

I can't believe that my term as your president is half completed! I have enjoyed the responsibilities and the opportunity to get to know so many of you better. I have developed the utmost respect for our Board members and all of you who regularly volunteer your time for our charities. Our **4th Annual HWCC Golf Tournament** was such a success! I am so grateful for this experience and am looking forward to all our exciting plans in 2020!

OTHER HAPPENINGS

The **Nominating Committee** to select new Board members will be convened by our Parliamentarian, Ginny Castellani, in January! Being a board member is very rewarding. The amazing diversity of experiences, skills and talents of our members will continue to create strong and successful club leadership. I am sure the Nominating Committee will propose a great slate for member consideration.

Happy Holidays! Lee

HWC Q&A

WHY IS IT THAT WE ...

This month, I'm addressing a few questions that I (Lee) have been asked or thought you might find interesting. Please continue to send me your questions (mundane, significant, humorous, inspirational) at president@heathrowwomensclub.org. Eventually, I plan to address them all!

- Only support four charities and how are they chosen?

The number of charities that HWCC supports is determined every fiscal year by a vetting process that the Charitable Endeavors committee oversees and that the HWCC Board and HWCC members vote on. Sometimes the process results in more or less than four charities, depending on the needs and HWCC's current ability to support. The new Procedures document, along with a time line for the process has been posted on the website at: <https://drive.google.com/drive/u/2/folders/13zBlnML1N5USdXY5aA1246FTbhqko7Zl>

- Don't know how much money we give to each charity?

The charities that we support are selected through the process above. Then, for the next fiscal year, all of our fundraising efforts go to raising money to distribute at the end of our fiscal year in May. The Charitable Endeavors committee recommends to the Board the percentage of the monies to be split among the current charities. The actual monetary amount is recommended by the Treasurer for Board review, when all accounts have been settled from our last fundraiser of the year. We will share the total amount to be given with the membership, but we will not announce it at the May luncheon so that no charity feels slighted with their gift from us. The Procedures document for funds distribution process is also posted on the website.

- Sometimes run past the scheduled 1:00 pm end for the General Meetings/luncheons?

Occasionally, the session runs a little past our 1:00 pm predetermined timeline. This can be due to speakers extending past their allotted time, too much business on the agenda, kitchen/serving issues, or just unexpected occurrences. It is quite understandable that a member or guest sometimes must leave before the meeting is adjourned. So, if your schedule is tight that day, you may find it easier to sit closer to the back of room for a quicker exit. It is our goal to carefully plan the meeting and dining times to achieve the allotted 11:30 am to 1:00 pm time.

I look forward to hearing your questions and comments that will help us in our continuous efforts to improve the HWC experience for everyone!



SPOTLIGHT

Kerrienne Arnold

A new member to our club this year is Kerrienne Arnold. She has jumped right in to help with the fundraising events becoming part of the Ways and Means committee. Not only was she hands-on but her company sponsored the putting green contest at our Golf Tournament. She is also very involved in our upcoming fashion show.

Kerrienne is a Central Florida native having been born and raised in Seminole County. She and her husband of 14 years, Allen, moved to Heathrow in 2015. They celebrated the birth of their daughter Peyton in 2017.

Kerrienne helps run her family's business, Fidelity Funding Mortgage Corp, in Maitland, FL. She's been there since graduating from college and gets to use her degrees in accounting and management to help the company's operations grow. She went to The University of Central Florida for her undergraduate and University of Florida for her master's in business administration.

In May 2019, she joined the Women's Club to become more involved in the community and meet other Heathrow residents. In her spare time, she and her family enjoy going to the Disney parks and attending sporting events, especially the Knights, Gators and Orlando Magic. She is also involved in the Heathrow Modern Moms and is active in Peyton's preschool.

Welcome to the Heathrow Women's Club Kerrienne!

Written by Patti Neveleff and Clety Gomez

MEMBERSHIP & HOSPITALITY

The Membership & Hospitality Committee keeps a record of all our current and new members and hosts two New Member Socials annually. These events allow new members to become acquainted with the Membership & Hospitality committee and members of our Board. They also learn about the many social and fundraising activities in which they can participate.

Our first New Member Social was held on November 6th at the home of Chairperson Judy Quattry. The night was very nice with plenty of food and beverages and great conversation. The board members that attended were able to discuss the various committee's duties and broaden our new members' knowledge of how the Heathrow Women's Club provides continuing support to women and children in our community.

Please take a moment to view our new members on the Heathrow Women's Club website under the Membership tab. Here you will find our new members pictures and bio's.
<http://www.heathrowwomensclub.com/new-membership-gallery>

As of November 12, 2019, our Membership total is 145 (125 returning members plus 20 new members)

There are two ways to renew/join Heathrow Women's Club:

Online: <http://www.heathrowwomensclub.com/pay-online/membership-dues>

By Mail: Print the online form and mail along with your 2 checks to:

Judy Quattry, HWC Membership & Hospitality Vice President
3329 Oakmont Terrace
Longwood, FL 32779

To see members birthdays and anniversaries visit
<http://www.heathrowwomensclub.com/membership-directory>



Code of Conduct for Members

COLLECT FOR CLUB MEMBERS

"Keep us, oh God, from pettiness; let us be large in thought, in word, in deed.
Let us be done with fault-finding and leave off self-seeking.
May we put away all pretense and meet each other face to face,
without self-pity and without prejudice.
May we never be hasty in judgement and always generous.
Let us take time for all things; and to grow calm, serene, gentle.
Teach us to put into action our better impulses, straightforward and unafraid.
Grant that we may realize it is the little things that create differences,
that in the big things of life we are at one.
And may we strive to touch and to know the great, common human heart of us all.
And, oh Lord God, **let us not forget to be kind!**"
By Mary Stewart (1904)

1. Members shall strive to abide by the Club Collect.
2. Members shall be dedicated to charitable fundraising and volunteerism for our chosen charities, benefiting women and children in Seminole County.
3. Members shall actively participate to the best of their ability in club activities, committees, and fundraising endeavors/events.
4. Members shall promote friendship, harmony and good will amongst our members and within our community; therefore, gossip or disparaging words of any kind will not be tolerated.
5. Members shall be hospitable and friendly to guests and new members, warmly welcoming them.
6. The names, addresses, and telephone numbers in the members' directory are to be used for the sole purpose of Heathrow Women's Club business. No member shall be allowed to use these names to solicit business, personal charities, political causes or to make other announcements unrelated to club business.
7. Members shall not solicit during any club business or social activities.
8. Members shall adhere to the luncheon reservation policy and be financially responsible to pay for untimely cancellations.
9. Heathrow Women's Club/Heathrow Women's Club Charities, Inc. is an all-volunteer non-profit organization which is neither political nor religious. As per our Club By-laws, during any club business or social activities, members shall refrain from making political or religious statements.
10. Members shall be "kind" in every word, action, and deed.

(Failure by any member to abide by the Code of Conduct for members shall be subject to immediately having their Club Membership revoked by a quorum vote of the Board of Directors.)

CHARITABLE ENDEAVORS

The Charitable Endeavors Committee continues to offer volunteer activities for our charities and enjoys a large membership of active volunteers. We are grateful for the interest and participation.

The CE committee and HWCC board voted to donate \$1,000 to the Bahamas for hurricane relief. The organization chosen was One Bahamas Fund and they matched our money, making it a \$2,000 contribution. For more, go to www.onebahamasfund.org.

Please remember to bring non-perishable canned goods and hygiene items for the Foundation for Seminole County Public Schools Food Pantry at Milwee Middle School. We have adopted this school for the year through the Foundation. Thanks to all who contributed to the Thanksgiving food drive in November. It was quite impressive!

Volunteers will participate in a holiday event at SafeHouse on December 10th to help the children make gifts for their mothers and wrap them. If you are interested in participating, please contact Lynn Wollin at lwollin@cfl.rr.com.

If interested in any of the following, please contact the coordinators listed below:

- Boys and Girls Club birthday parties – Carol Ann Dove
- SafeHouse monthly Clothes Closet – Cyndy Bloch
- SafeHouse Night of Beauty – Peggy Pyle
- Mentoring a child for the Foundation – Lynn Wollin
- General interest in tutoring a child – Leslie Guerra
- Somebody's Hungry – Gayle Gatusso

Please contact us at charitableendeavors@heathrowwomensclub.org with questions, concerns, feedback and/or to join our committee. Our next committee meeting will be on Monday, January 13th at 4:00 pm at the Sawyer Lake Park Club house.

SECRET SANTA AND HIS ELVES

A HUGE thank you to all of our very giving Heathrow Women's Club members who selected a child's (or children's) name off the holiday tree making the holidays happier with gifts or gift cards from Secret Santa. We are supporting deserving children from Friends of Abused Children, SafeHouse of Seminole County and The Foundation of Seminole County Public Schools.

NOTE: Please bring your ***unwrapped*** gift(s) or gift card(s) to the December 10th luncheon in the white bag provided for easy identification. You can also arrange for pickup or drop off by calling co-chairs Pat Darrah (407.833.0498) or Connie McDonald (407.256.2899) if you are unable to be at the luncheon *or* have a friend deliver it for you.

We would like to thank our holiday tree helpers Cyndy Bloch, Carolyn Boland, Adrienne DeRienzo, and Sandy Schutt. Special thanks to Carol Ann Dove who printed our colorful tree ornaments and Linda Richardson who donated our white bags. You were a tremendous help in its overwhelming success!

With Gratitude,
Pat Darrah
Connie McDonald



Tips for Staying Active During the Holidays

1. Get the Whole Family Involved

Use this time as an opportunity to bond with family members and exercise in a group setting. Gather everyone and head to the yard or park to play touch football, capture the flag, basketball or hide and seek for the little ones.

2. Opt for a Walk

Walking is a low-impact exercise that offers limited strain, making it another great activity for everyone in the family.

After every meal, encourage a 30-minute stroll around the neighborhood.

3. Plan Ahead

If you're traveling, planning ahead can make all the difference. Take some time to figure out what your options are so that you are ready for anything. Inquire about temporary gym memberships or see if you can be an "add-on" to your family member's existing membership. Look up information about the hotel you're staying at and find out if they have an exercise room.

4. Be Prepared

From your child's class parties to travel time to the grandparent's house, by now you will likely have an idea of what your schedule will look like, including with your fitness activities, throughout the next month.

5. Clean House

Set aside several hours one day and thoroughly clean your house. Bending, squatting, sweeping, vacuuming, walking up and down stairs and doing laundry are all great ways to sneak in a good workout.

Start mapping out your holiday fitness plan now so you'll be fully prepared to work through the hectic times ahead. Check out [AdventHealth Sports Med and Rehab](#) for help creating a personalized fitness routine.

Ways and Means

The Ways & Means Committee selects, plans, and executes all of the fundraising events for Heathrow Women's Club Charities, Inc.

The 4th annual Heathrow Women's Charities Golf Tournament was successful. The weather was glorious, the golfers had fun, and thanks to the golfers, sponsors and donors, we earned funds for our charities. At the December meeting there will be a quick update on the final numbers.

Nancy Daily and Janice Whiting donated the basket for our luncheon raffle. We earned \$304 for our fundraising efforts. The basket was won by Shelly Pynn.

The next big fundraiser will be the Yard Sale (see Calendar section for dates). Please save items for donation in January and bring extra plastic bags to the December (and January) meetings for use at the event.

Buy your tickets at the December luncheon for our Spring Fundraiser! **Step Into Spring... Fashions.** The event will take place on March 8, 2020, at the Westin Hotel in Lake Mary, from 2- 5 p.m. The event will include a runway show, entertainment by Arthur Murray Dancers and a performance by Mezzo Soprano, Jossie Rode. Light fare of appetizers, desserts and beverages will be served. Ask a friend - or two. Tickets are \$75.

Add this date to your calendar:

12/5/19 – Shopping for a Cause, Walk on Water, 5:30 – 7:30

To see all of the upcoming events visit
www.heathrowwomensclub.com/calendar

SOCIAL

The Social Committee decides what activities are appropriate for HWC and then plans and executes them.

In November movie goer members enjoyed meeting at AMSTAR Cinema to watch “The Good Liar” followed by a lively dinner discussion at Dexter’s.

Also, in November members attended a wine sampling of Cru Beaujolais at Tim’s Wine Market. Our Heathrow Women’s Club wine expert Michelle DuVall-Rubin was there to further educate our members about the wines and answer any questions.

Group Activities

Movie & Dinner will not be held in December due to the holidays and will resume in January.

Lunch Bunch- Ginny Castellani will host a Holiday Lunch Bunch at the Legacy Golf Club Clubhouse on Friday, December 13th from 11:30am-2:00pm. If you are interested in attending, please send Ginny a check for \$25 for lunch by December 5th and bring an unwrapped gift of approximately \$25 for holiday gift swap.

Holiday Tea- Will be held at Lemon Lily Tea Room & Bakery on Wednesday, December 18th from 11:30am-1:30pm. The cost is \$33 per person inclusive of tax and service charges. The menu includes savories, sweets, a scone, desserts and **Tea**. If you are interested in attending, please contact Mary Beth Ketelhut as there is limited seating available.

Happy Hour Social will be hosted at the home of Debbie Rush & Greg Camp on Friday, January 24th from 6:00pm-9:00pm. All members are invited and may bring a spouse or one adult guest. Guests are asked to bring an appetizer or dessert to share, your choice of beverage and \$2 per person to defray the costs of serving products. **You may now sign-up for this event at the Heathrow Women’s Club website.** Go to the website and click on Social Events Registration and fill out your contact information and choice of food to bring to Happy Hour Social. Sign-up sheets will also be available at the December luncheon meeting.

Game Night “Bunco”- **Save the date**- Thursday, February 19th at the Sawyer Lake Park Clubhouse with dinner and prizes. More information will be available at the January and February luncheon meetings.

Sign-up sheets for new social groups will be available at the December luncheon meeting.

Please contact Mary Beth Ketelhut if you have any new ideas for a social activity.

HAPPY SOCIALIZING... WITH A PURPOSE!

Mary Beth Ketelhut
617-620-6348
socialgroups@heathrowwomensclub.org

PROGRAMS

Tuesday, December 10, 2019

11:00 Luncheon Registration

11:30 Business Meeting

12:00 Luncheon

Registration Deadline: noon, Thursday, December 5.

Legacy! Choir

December's program will feature the Legacy! Choir, the vocal ambassador group of Central Florida Community Arts.

Starting out in 2010 just as an idea for a small choir, Central Florida Community Arts has grown exponentially to become the nation's largest community choir, Florida's largest symphony orchestra, a flourishing community theatre, and a multitude of performing arts programs for students of all ages.

The choir's members will be singing carols and include our members in a few sing-alongs to help us embrace the holiday spirit!

Christine's Safe Pet Fund

Christine's Safe Pet Fund is an **ongoing** fund that has been established in memory of our Past President, and friend, Christine Gillen.

Christine's Safe Pet Fund will enable more domestic violence victims to leave abusive households without leaving their pets behind and at risk. Christine's Fund will celebrate the human animal bond and how family pets can provide comfort, reassurance, and healing to Seminole County women and children survivors.

Did you know that 65% of domestic violence victims will delay or refuse to leave an abusive home out of fear of leaving their pets behind?

Did you know that up to 85% of women entering domestic violence shelters reported that their partner had threatened, injured, or killed their pet?

100% of the monies raised will be used for vaccinations, shots, medications, food, and pet housing deposits. Christine's Safe Pet Fund will help to remove barriers to safety and allow survivors with pets to seek safety together thus saving more lives!

For more information, or how to make a donation to this ongoing fund, please contact me at Pattinev@hotmail.com.

Thanking you in advance for your generosity,
Patti Neveleff

CORRESPONDING Secretary

REMEMBRANCE DONATIONS

Is there someone you would like to remember, celebrate, or honor in the form of a charitable donation? The Heathrow Women's Club Charities (HWCC) has donation forms that you can easily access on the HWC website, heathrowwomensclub.com. Go to the drop-down box under "Causes" and click on "Donations." Then print out the form found by clicking on "Please fill out this form" and mail it with your donation to the address provided. Your gift, thoughts, and kind generosity will be very much appreciated by the ones whom you are honoring and our charities that we work so hard for will benefit greatly as well. No gift is too large or too small.

If you'd like to donate to Christine's Safe Pet Fund in memory of our Past President, Christine Gillen, please contact Patti Neveleff for more information.

Most importantly, if you know of a club member that is experiencing health problems, undergoing surgery, or who has a spouse who is experiencing these, please notify me, so that I may send them a note from the club to express our thoughts and support.

If you have any questions, please contact:

Becki Miller
Corresponding Secretary
407-687-5780
rebekahmiller@bellsouth.net

Becki Miller
Corresponding Secretary
CSecy@heathrowwomensclub.org

CHARITIES


Please Consider Heathrow Women's Club Charities as your Charity of Choice when making a donation to commemorate a special occasion, show appreciation or offer condolences. The Special Donation Form can be found [here](#) or contact Sally Beisler at 407-333-1910. Mail the form along with your check made payable to: Heathrow Women's Club Charities, Inc., PO Box 950145, Lake Mary, FL 32795. Notification will be sent to the individual you are honoring, and you will be sent an acknowledgement of your donation. This is a wonderful way to show someone that you are thinking of them and to support our local charities listed below.

With the help of our sponsors listed on the following pages, we are able to proudly support the below Seminole County charities that benefit women and children.



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