

Member Spotlight

Roz Sellers

By Lee Granger

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Evidently, the positive energy force that blew into Luigino's, has been part of Roslyn's aura for quite some time! Although Roz has been a member of the Heathrow Women's Club for a short while, she has made a big difference as she is now the Chairperson of the Hospitality Committee, welcoming new members, making them feel comfortable, and inspiring them to participate.

Making a big difference is something Roz has done all of her life, especially with her students. Roz grew up in Upstate New York with her brother, Reed. The daughter of a USPS rural route deliveryman and a bank secretary, there was little in this town of 5,000 that was secret! Roz found her calling in college at the SUC at Buffalo where she majored in Home Economics. After receiving her degrees, she went to work in Tonawanda, NY, first high school and then the junior high, teaching Home and Career Skills. For 16 years, every single eighth grader in the district was taught by Mrs. Sellers. Roz' passion for teaching, love for her students, and friendly accessibility won her much appreciation from parents and students alike. She was awarded 1997 Teacher of the Year in the school district and has been called "one of a kind." And who says work and relationships can't work? It was there that she met "the love of my life" Burt, who was the Biology teacher and later a school principal.

Roz is an avid naturalist and avowed "tree hugger." She and Burt are members of several nature conservation organizations, including the Audubon Society. She loves being out in nature and takes advantage of Florida's extensive sunshine, riding her bicycle along trails in Seminole County, covering about 30 miles a week!! Part of her love of nature includes a passion for large dogs. She and Burt have trained two therapy dogs and are in the process of training four month old black lab pup, Hope, into the family tradition.

Roz and Burt have two children and four grandchildren. Daughter Ellyn is a family physician, practicing in Ithaca, NY and son BJ lives in Timacuan and owns Certified Mortgage Planners in Lake Mary. BJ is a marathon runner, so Roz sees a lot of him as he runs and she bicycles alongside! The family is close and visit regularly, often at their summer cottage on Lake Erie where they enjoy sailing and other water sports.

Roz' energy and enthusiasm are infectious and we are indeed blessed to have her as a member of the Heathrow Women's Club! One of Roz' favorite quotes by author John Ruskin, is great inspiration for all of us: "What we think, or what we know, or what we believe, is in the end of little consequence. The only thing of consequence is what we do."